

NOVEMBER 2025

FCS NEWS LETTER

Kelly Alsip, FCS Agent

Notes from Kelly:

Fall is here!

I hope everyone has stayed cool through our extended summer. I'm looking forward to all the upcoming holiday festivities, and I hope you are too!

Please be sure to attend and support our Holiday Bazaar on Saturday, November 1st.

Also, keep an eye on the calendar—we have several exciting new programs scheduled for **November and December**. You won't want to miss them!

I'm thankful for my community and all who support extension. I hope you all have a blessed and Happy Turkey Day!



Arts & Crafts November 14th

Toss The Toxins November 17th

Attention:

Homemaker Mailbox Members can pick up a McCracken County Homemaker Yearbook at the office anytime Monday - Friday 8:00 am - 4:30 pm

The Extension Office will be closed November 27th & 28th for **Thanksgiving**

Lexington, KY 40506





Can't make it to the Bazaar? No worries! You can still support our fundraiser by ordering your Rada Cutlery today — and get it delivered just in time for the Holidays!

> Order online at https://bit.ly/3eualn3 🎒



McCracken County Cooperative Extension Office 2025 New Holt Road Paducah, KY 42001 (270) 554-9520 mccracken.mgcafe.uky.edu

Cooperative **Extension Service**

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Homemaker News



November 2025

Notes from your Homemaker President

Thankful...but are we?

Two months left in 2025. What have we done this year? Above all, let's be thankful for all we have been given.

Our Homemaker Year has just kicked into gear. We have lots planned for the year. Holidays are always busy, so let's focus on 2026. Watch your Event and FCS newsletters for all the upcoming adventures.

I am grateful to be your President!
My goal is to serve you well. I have
done a lot of canning this season,
and we are set for years. My
husband even had to make new
shelving for me in my canning room.
I must say, it's impressive. So, I'm
grateful for this abundance. Kelly
and Stephanie are doing a great job
with Family and Consumer Science.
Stephanie has been such a blessing
to have with us.

Homemakers, remember our goal is **PLUS 1** this year. Bring a friend to a meeting with you or a Homemaker event, an arts and crafts class, etc. You never know how much this invitation will mean to them and what it will do for their lives

As Reba McEntire says, " I have a lot to be thankful for. I am healthy, happy and I am loved."

Counting My Blessings,

Carmela





Proclamation for Kentucky

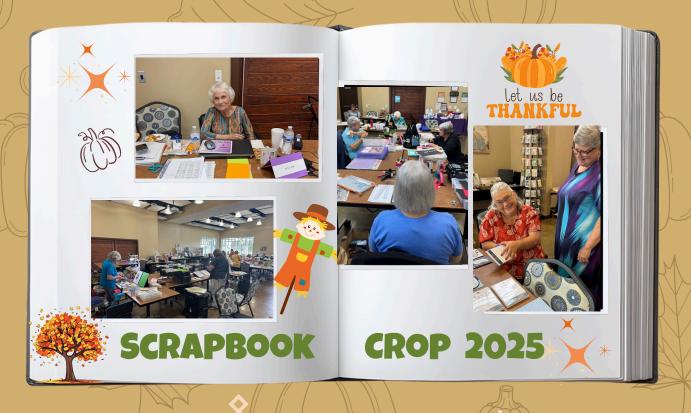
Extension Homemakers Week,

October 12th - 18th





KEHA Homemaker Week - Donuts and Coffee











Upcoming November Events







DIY Cleaning Event For a Healthy
Home



Who: Anyone in the Paducah community
What: A community event that will teach participants the
dangers of household chemicals and how to make
homemade, safe, and effective products.

When: Monday, November 17th, 2025 from 5:30 - 6:30 p.m.

How: There is a 20-person cap. To reserve a spot, call the McCracken County Extension Office at 270-554-9520 and speak to Kelly Alsip or Stephanie Caldwell.

Where: McCracken County Cooperative Extension Office 2025 New Holt Rd, Paducah, KY 42001



JOIN OUR TECH CLASSES:

2ND WEDNESDAY OF EACH MONTH 11AM-NOON





- McLIB DIGITAL LIBRARY -November 12th
 Learn how to log into these programs and
 see screenshots of the apps.
- INTERNET SEARCH BASICS -December 10th Internet Basics mostly covers using Google search and understanding your browser window



More info:

• 2025 New Holt Road

Paducah, KY 42001

(270) 554-9520

mccracken.ext@uky.edu

STEELE, ADULT AND DIGITAL SERVICES LIBRARIAN AT THE MCCRACKEN COUNTY LIBRARY.

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Happy Thanksgiving to you and your family

Upcoming December Events



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MUST ATTEND ALL THREE SESSIONS

10:30 a.m. - 1:30 p.m.

Friday, December 5th Friday, December 12th Thursday, December 18th



PROGRAM REQUIREMENTS

- Have a High School Diploma or Equivalent
- Be Willing To Learn How To Use Research-Based Websites
- Enjoy Working With Diverse Audiences and Willing to Share Your Love of Food Through Various Extension Projects and
- Be Able and Willing to Travel To Various Locations in and Around
- Complete approximately 10 Hours of Pre and Post-Activities
- Live in the County Where you will Volunteer and Contribute 40 hours of approved Community Service

Open to Anyone who lives in the Purchase Area





community-based initiative that trains individuals in nutrition, food safety, and cooking skills, then empowers them to share that knowledge through volunteer service.

- Organized by the University of Kentucky Cooperative Extension Service, the Champion Food Volunteer Program is designed to enhance public knowledge of healthy eating, food preparation, and safety practices.
- Participants receive approximately 40 hours of hands-on training covering topics such as:



CONTACT KELLY ALSIP TODAY!

- (270) 554-9520
- kelly.alsip@uky.edu
- www.mccracken.mgcafe.uky.edu
- 2025 New Holt Road Paducah, KY 42001

HANDS-ON COCOA ALMOND BISCOTTI WORKSHOP PRESENTED BY:

LEE RUST

TUESDAY, DECEMBER 2, 2025 9:00 AM-3:00 PM

Reserve your place by scanning the QR Code or calling (270) 554-9520. You can also register at https://mccracken.mgcafe.uky.edu Class Size is limited. No registration fee. Adults 18+



2025 New Holt Road Paducah KY 42001

Take home a delicious treat that makes a great gift for the holidays.





All FCS Programs are for Ages 18 & UP unless otherwise stated. Be sure to check out our event calendar for 4-H youth programing.

NOVEMBER 2025

CALENDAR OF EVENTS



Holiday Bazaar 8:00 AM-3:00 PM



Arts & Crafts
Needle Tatting
9:30Am-Noon



Big Blue Book Club Zoom In office Watch Party 12:30– 1:30pm



Big Blue Book Club
Zoom In office Watch Party
12:30 -1:30 PM

Toss The Toxins 5:30-6:30 PM



Pathway to Sewing 9am-12pm Game Day 9:00AM-12:00 PM



Bags of Love 9:30 AM-1:30 PM

Laugh & Learn held off site
(McCracken County Library)

11:00 AM - 12:00 PM



Chair Yoga 10:00-10:45 AM



Scrapbooking 9:00 AM-3:00 PM Chair Yoga 10:00-10:45 AM

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Needlework Circle
10:00 AM-12PM
Crochet Alley & Knitting Row
1:00 -3:00 PM



Game Day 9:00AM-12:00 PM
Needlework Circle 10:00 AM-12PM
Crochet Alley & Knitting Row
1:00 -3:00 PM



Big Blue Book Club Zoom In office Watch Party 12:30 –1:30 PM



FCS / Homemaker Lesson 10:00 -11:00 Composition in Photography

Homeschool Homemakers 6PM



Pathway to Sewing 9 AM-12 PM
Golden Days 10:00 AM
Happy Club 10:00 AM



Pathway to Sewing 9am-12pm



Chair Yoga 10:00-10:45 AM

Tech Class 11:00 am-12:00 PM (McLib Digital Library) Heartside 6:00 PM

St. John Club 6:00 PM





